

## Medical Information

Rugby is a physical contact sport. Injuries can and do occur as a result of playing rugby, either through isolated injuries or through continuous playing of the game over time – even in children.

As children can't and won't consider their own fitness before they play rugby with the club, we ask all parents to complete the medical information on behalf of their children at registration.

The club will make each year group head aware of any medical issues that are brought to our attention. All parents are asked to update medical information as soon as possible if anything changes.

We also ask that all parents remain at training (or to provide a nominated replacement) to minimise any distress should a child be injured.

## First Aid Provision

The safety of our children is of paramount importance to the club and therefore we make sure that:

- We have appropriate first aid cover and equipment provided.
- There is access to a telephone to ensure emergency services can be called immediately; and
- There is clear vehicular access for an ambulance or other emergency vehicle

## First Aid Cover at Training

I am the club first aider. I am easily identifiable by the high vis jacket that I wear and can usually be found by the P6 pitch or the first aid room. If you need first aid for a child, please send someone to get me – **do not move the child**.

I have the SRU Pitch Responder first aid qualification which specifically focuses on first aid for rugby injuries and we also have a number of other qualified first aiders at training. If anyone has a first aid qualification and would be happy to be called on at training, can you let me know.

## First Aid Cover at Stew Mel Lions Tournaments

ABC Paramedics provide us with excellent first aid cover for all of our tournaments or round robins. They are experienced trained paramedics and always attend with an ambulance to allow for onsite treatment wherever possible.

## First Aid Cover at away Tournaments

We do not accept any invitations to attend away tournaments without checking that there will be an appropriate level of first aid cover provided.

## First Aid Kits

All year groups have two first aid kits. One kit should always travel with any team that is attending a tournament. The kits are checked to make sure they are complete and nothing has expired. I have additional supplies if needed.

### **Defibrillator**

The Club has a defibrillator. It is kept in the first aid room. All first aiders have been trained on its use but it is designed to be used by anyone.

### **Parking in front of the clubhouse or on the hatched area in front of the gates to the pitches**

Please try and discourage parents from parking here **especially** the hatched area in front of the gates to the pitches as this is where any emergency vehicle will access the pitches to attend to any injured child/spectator.

### **First Aid Training for Coaches**

[www.playerwelfare.worldrugby.org](http://www.playerwelfare.worldrugby.org) has excellent on line information in relation to First Aid in Rugby and Concussion Management.

We are also in the process of arranging a high level first aid course for all coaches and will let you know dates as soon as it has been confirmed.

Any questions – as always – please just contact me.

Thanks

Victoria Miller